

WORK-LIFE INTEGRATION



INNER
ARCHITECTURE

INVITATION

to Challenge





LIFE



CRAFT YOUR LIFE

A person is silhouetted against a dramatic, cloudy sky, standing in a field of tall grass or wildflowers. The sky is filled with dark, heavy clouds, suggesting an approaching storm or late afternoon light. The person is positioned on the horizon line, looking towards the right.

Weather(wo)man vs. Rainmaker

CURIOSITY

Focused Intention + Attention



"The power to question is the basis of all human progress."

~ Indira Gandhi

*INTEGRATE QUESTIONING

REFLECTION



Past Experience for Forward Application

“Reflective thinking turns experience into insight.”

~ John C. Maxwell

***INTEGRATE EXPERIENCE INTO ACTIONS**

AUTHORING

Conscious Language of Choice

“Our life story is written by the words we speak within our own head. Write intentionally. Edit often.”

*INTEGRATE CHOICE + DESIRES

A photograph of a river flowing over large, smooth, grey rocks in a lush green forest. The water is slightly blurred, suggesting movement. The scene is peaceful and natural.

FLOW + FLEX

Playful Adaptation

"Energy flows where intention goes."

~ Rhonda Byrne

***INTEGRATE PLAY INTO YOUR PLANS**

TRUST



Life Happens *Through You*

“As soon as you trust yourself, you will know how to live.”

~Johann Wolfgang von Goethe

*INTEGRATE **YOU** INTO YOUR LIFE

A person is silhouetted against a bright, hazy horizon, standing in a field of tall grass or wildflowers. The sky is filled with large, dramatic clouds, transitioning from a pale yellow near the horizon to a deep blue at the top. The overall mood is contemplative and serene.

CRAFT YOUR LIFE

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